



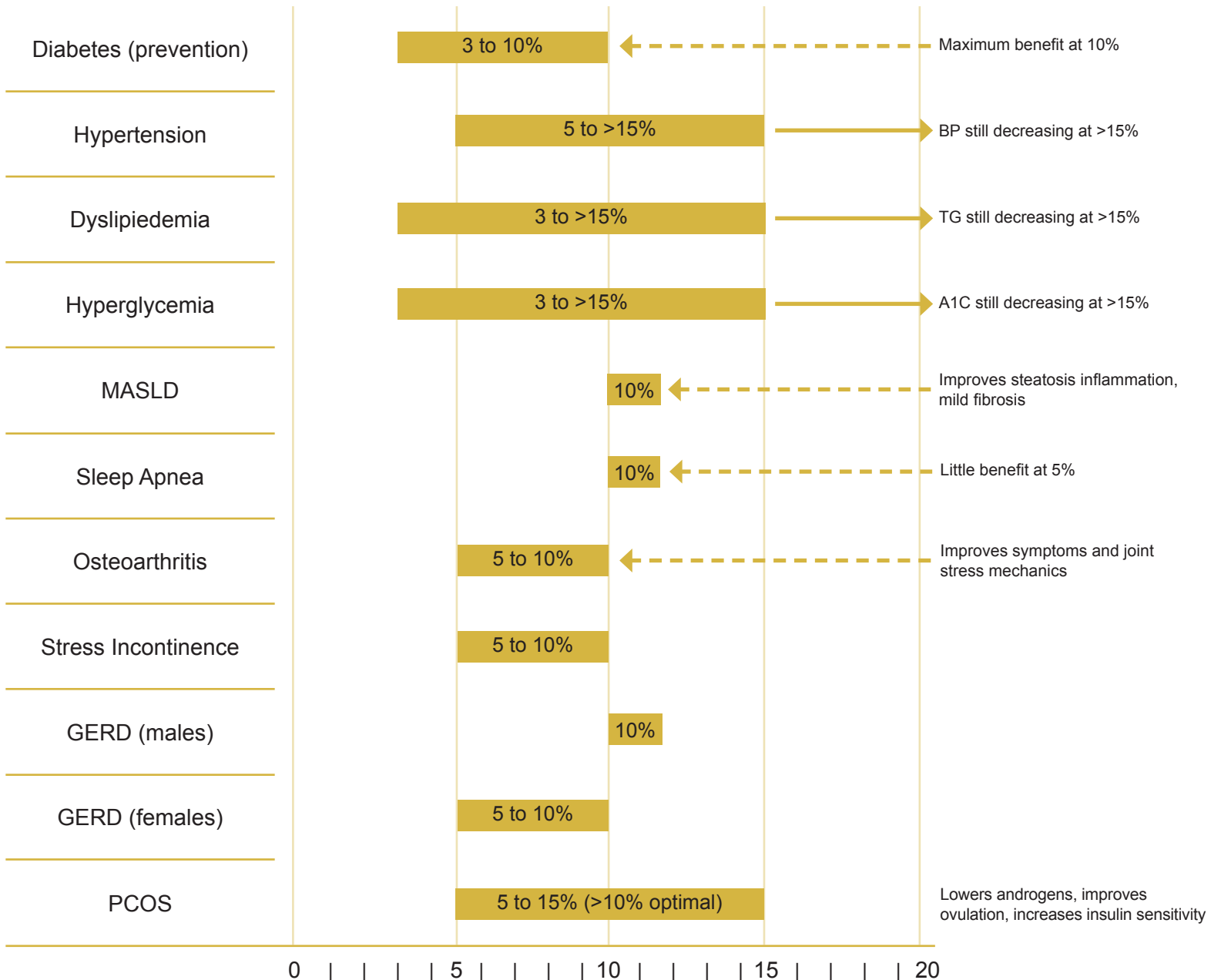
Weight Loss Required for Therapeutic Benefit

Adjunct to Nutritional, Physical Activity, and Behavioral Therapies

Pharmacotherapy

5-10% weight reduction may improve metabolic and fat mass disease

Weight loss required for therapeutic benefit (%)



A1C, glycated hemoglobin; BP, blood pressure; GERD, gastroesophageal reflux disease; MASLD, metabolic dysfunction-associated steatotic liver disease; PCOS, polycystic ovary syndrome; TG, triglycerides.