



2024 Physician Exchange: Myelodysplastic Syndrome



Recent Advances in MDS

- **Allo transplant for older MDS patients**

BMT CTN 1102 shows a significant survival advantage with reduced-intensity conditioning HCT over standard care for older patients with MDS.¹

In a recent study using Connect Myeloid Disease Registry data, the top reason cited that patients with MDS were not referred for HCT consultation was age.²

- **Coverage expansion**

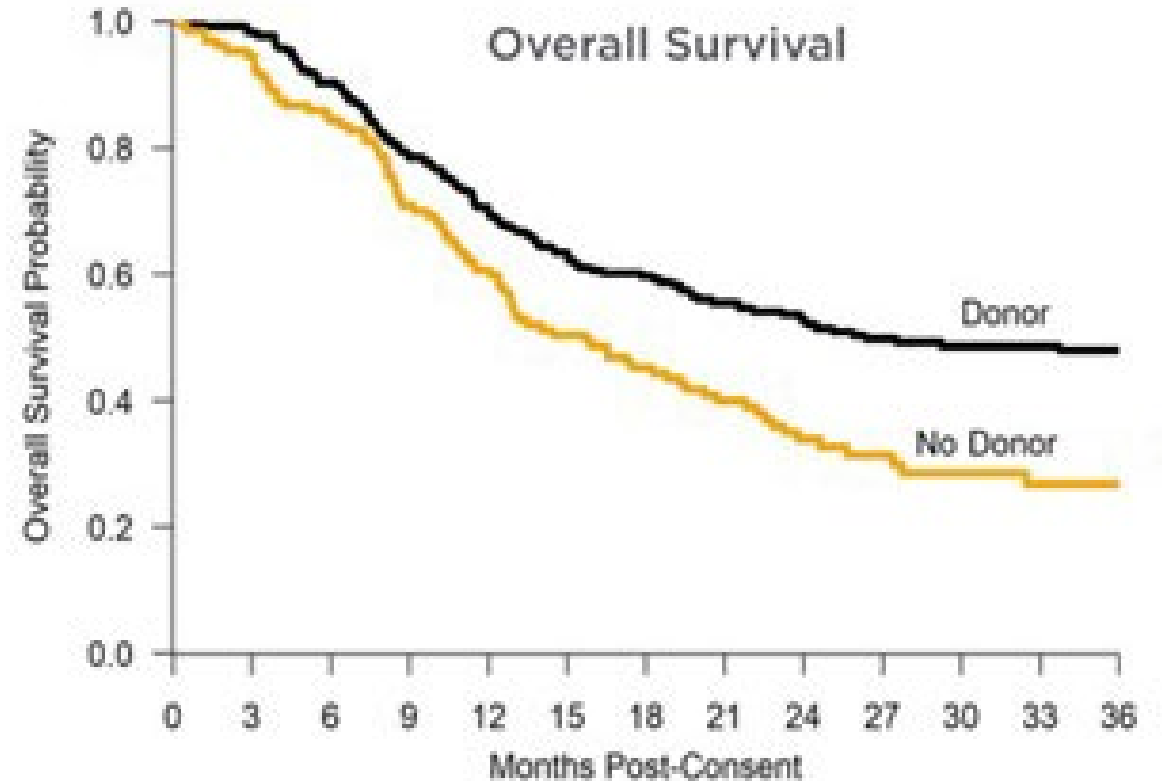
CMS recently revised the national coverage determinations for the use of HCT in the treatment of MDS, expanding coverage for bone marrow, peripheral blood, and umbilical cord products based on requests from ASH, ASTCT, NMDP, and CIBMTR.³

1. Nakamura R, Saber W, Martens MJ, et al. (2021). *Journal of Clinical Oncology*. DOI: [10.1200/JCO.20.03380](https://doi.org/10.1200/JCO.20.03380).

2. Tomlinson B, de Lima M, Cogle CR, et al. (2023). *Transplantation and Cellular Therapy*. DOI: [10.1016/j.jtct.2023.04.011](https://doi.org/10.1016/j.jtct.2023.04.011).

3. Press release. (Mar. 22, 2024). [Business Insider](https://www.businessinsider.com).

BMT CTN 1102 Overall Survival



Recent Advances in MDS

- **ASTCT evidence-based guidelines**

ASTCT published an evidence-based review on HCT in the management of MDS, reinforcing HCT as the only curative treatment option.¹

- **IPSS-M risk classification**

Molecular risk stratification is now available for MDS, improving previous IPSS-R categorizations, with many patients more at-risk than previously indicated.²

- **Molecular prognostication tools support new transplant considerations**

Specific mutations like RAS-pathway mutations, RUNX1, ASXL1, and TP53 have emerged as indicators for heightened risk of post-transplant relapse.³

- Guide decisions regarding the optimal timing of transplant
- Intensity of conditioning regimens
- Potential inclusion of patients in clinical trials focusing on high-risk disease
- Post-transplant maintenance strategies
- Germ line predisposition should significantly influence the process of donor selection

1. DeFilipp Z, Ciurea SO, Culter C, et al. (2023). *Transplantation and Cellular Therapy*. DOI: [10.1016/j.jtct.2022.11.014](https://doi.org/10.1016/j.jtct.2022.11.014).

2. Bernard E, Tuechler H, Greenberg PL, et al. (2022). *NEJM Evidence*. DOI: [10.1056/EVIDoa2200008](https://doi.org/10.1056/EVIDoa2200008).

3. Mina A, Greenberg PL & Deeg HJ. (2024). *Blood*. DOI: [10.1182/blood.2023023005](https://doi.org/10.1182/blood.2023023005).

Challenging MDS Cases

Age: 73**Sex:** Female**Race/Ethnicity:** Black, African**Diagnosis:** Very high risk MDS**Diagnosis Date:** 4 months ago**Initial CBC:** WBC $2 \times 10^9/L$, ANC $0.8 \times 10^9/L$, Hgb 6g/dL, Plts 60k**Bone marrow biopsy:** Presence of trilineage dysplasia, increased myeloblasts 7%, abnormal megakaryocytes. These findings are consistent with a diagnosis of MDS with increased blasts (MDS-EB1)**Cytogenetics:** -7**Molecular testing:** DNMT3A 20%**IPSS-R:** 7**IPSS-M:** 1.75**Performance status:** ECOG 1, KPS 80%, used to walk 30 min 3x/week before diagnosis**Co-morbidities:** HTN, Type II DM on oral therapy, dyslipidemia, creatinine stable at 1.4, FEV1 82%, DLCO2 adj 72%; HCT CI 3**Treatment:** Hypomethylating agent**Response:** After 4 cycles of azacitidine, having prolonged neutropenia ANC $0.7 \times 10^9/L$, improved thrombocytopenia 90k and anemia Hgb 8g/dL, decreased bone marrow blasts 4%**Transfusion Dependency:** 5 PRBC transfusions since diagnosis**Complications:** Fatigue, dyspnea with exertion**Social:** Lives 3 hours from nearest transplant center. Retired on Medicare. Children are grown and live out of state, pt worries about being burden to husband and family**Preliminary Donor Search Findings:** No siblings, 2 haploidentical children. A few 8/8 and many available 7/8 unrelated donors

^ STRATIFICATION RESULTS

IPSS-M Score:

1.75 VERY HIGH

IPSS-R Score:

7.00 VERY HIGH

IPSS-R Score (Age-adjusted):

7.05 VERY HIGH

^ ENDPOINTS

Leukemia-Free Survival (IPSS-M):

0.76 years median
0.33-1.5 years, 25%-75% range

Overall Survival (IPSS-M):

1 years median
0.5-1.8 years, 25%-75% range

AML Transformation (IPSS-M):

28.2% by 1 year
42.8% by 4 years**3** points

HCT-CI Score

26 %

NRM at 1 year

1-year OS: 56%
3-year NRM: 35%
3-year OS: 38%**4** pointsAge-adjusted HCT-CI Score
(allo-HCT only)2-year NRM: 17%
2-year OS: 59%

Age: 68**Sex:** Male**Race/Ethnicity:** White, non-Hispanic**Diagnosis:** MDS with low blasts**Diagnosis Date:** New diagnosis**Initial CBC:** WBC $2.8 \times 10^9/L$, ANC $1.2 \times 10^9/L$, Hgb 6g/dL, Plts 80k**Bone marrow biopsy:** Presence of dysplastic changes primarily in the erythroid lineage, dysplastic megakaryocytes, absence of significant dysplasia in the granulocytic lineage with 4% myeloblasts. These findings are consistent with a diagnosis of MDS with low blasts**Cytogenetics:** Normal karyotype**Molecular testing:** MDS NGS panel showed ASXL1, SRSF2, UTA1 mutated**IPSS-R:** 4**IPSS-M:** 1.25**Co-morbidities:** 40 pack-year smoker, no longer actively smoking, mild COPD, Type II DM on oral medications, HTN**Performance Status:** ECOG 1**Prior treatment:** Not started**Transfusion Dependency:** Received 1 PRBC transfusion**Preliminary Donor Search Findings:** Haploidentical child and sibling. Multiple 8/8 matches on the registry

^ STRATIFICATION RESULTS

IPSS-M Score:

1.25 HIGH

IPSS-R Score:

4.00 INT

IPSS-R Score (Age-adjusted):

3.94 INT

^ ENDPOINTS

Leukemia-Free Survival (IPSS-M):

1.5 years median

0.8-2.8 years, 25%-75% range

Overall Survival (IPSS-M):

1.7 years median

1-3.4 years, 25%-75% range

AML Transformation (IPSS-M):

14.3% by 1 year

29.2% by 4 years

Age: 58**Sex:** Male**Race/Ethnicity:** Asian American**Diagnosis:** High risk MDS**Diagnosis Date:** 2 months ago

Bone marrow biopsy: Presence of dysplastic changes affecting multiple lineages with increased blasts (5-9%). These findings are consistent with a diagnosis of MDS with increased blasts (MDS-EB1)

Cytogenetics: (del(7q))/ monosomy 7

Molecular testing: ASXL1, SRSF2 mutated

IPSS-R: 5.5**IPSS-M:** 1.08

Performance status: ECOG 3, significant decline since 6 mo ago with significant weight loss

Co-morbidities: chronic venous stasis disease, prior CABG, afib s/p ablation, FEV1 82%, DLCO2 adj 72%, type II DM on oral meds

Prior treatment: On azacitadine since diagnosis

Transfusion Dependency: PRBC to maintain Hgb>7g/dl or if symptomatic

Complications: Confined to chair or bed most hours of the day due to weakness and fatigue

Preliminary Donor Search Findings: unknown, two siblings

^ STRATIFICATION RESULTS		
IPSS-M Score: 1.08 HIGH	IPSS-R Score: 5.50 HIGH	IPSS-R Score (Age-adjusted): 5.23 HIGH
^ ENDPOINTS		
Leukemia-Free Survival (IPSS-M): 1.5 years median 0.8-2.8 years, 25%-75% range	Overall Survival (IPSS-M): 1.7 years median 1-3.4 years, 25%-75% range	AML Transformation (IPSS-M): 14.3% by 1 year 29.2% by 4 years
5 points HCT-CI Score	26 % NRM at 1 year 1-year OS: 56% 3-year NRM: 35% 3-year OS: 38%	6 points Age-adjusted HCT-CI Score (allo-HCT only) 2-year NRM: 35% 2-year OS: 37%



Thank you!

