

Atypical OSA Presentations

Approximately half of patients may not present with “classic” OSA symptoms such as excessive daytime sleepiness.

Atypical symptoms may be more common among women vs men

Typical Symptoms

- 1 Loud Snoring
- 2 Daytime Sleepiness

Atypical Symptoms

- 1 Insomnia
- 2 Headache
(morning headache)
- 3 Anxiety
- 4 Fatigue
- 5 Depression
- 6 Nocturia & enuresis
- 7 Morning sore throat