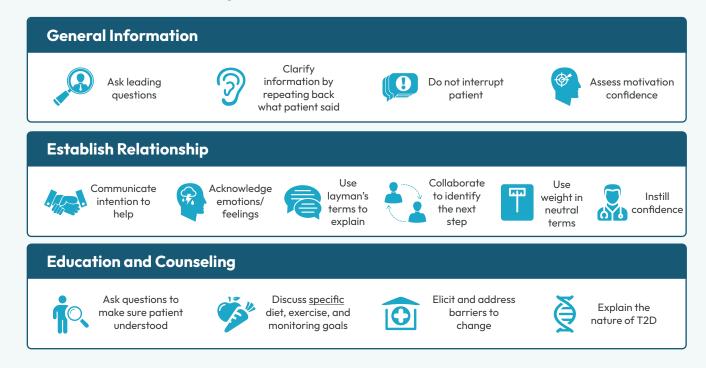
Shared Decision–Making & the 5 A's



Considerations for Shared Decision–Making in T2D

Supports individual autonomy by empowering patients to make decisions about the T2D treatment and care that is right for them at that time



Benefits of Shared Decision Making

- Considers patient's preferences and values to create a personalized management plan
- Improves decision quality
- Informs patient regarding treatment risks, safety, and benefits

The 5 A's Approach for Obesity

Increases initiation and engagement of obesity intervention. Patients report higher motivation to lose weight.

